



CARDIAC HEALTH
 FOUNDATION OF CANADA
 PREVENTION • EDUCATION • CARDIOVASCULAR REHABILITATION

WALK OF LIFE®

SATURDAY, MAY 26, 2018

Ontario Science Centre & E.T. Seton Park

FREE!

- 1KM** WALK
- 3KM** WALK
- 5KM** WALK
- 5KM** RUN
- 10KM** RUN
- KIDS** FUN RUN

- T-SHIRT
- PARKING
- SNACKS,
BEVERAGES
& BBQ LUNCH
- PAW PATROL
- KIDS ACTIVITIES
- BOUNCY CASTLES
- CHAIR EXERCISES
- REGISTRATION FOR
KIDS UNDER 14



Proceeds to support: The 1st Paediatric Exercise Medicine Room & Cardiac Rehab Program at SickKids Hospital in partnership with Cardiac Kids and Bike2Play; and the National WALK OF LIFE Campaign for Cardiac Rehab programs across Canada.



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